



Grocery List

Produce

- 15 cloves of garlic
- 3 red bell peppers
- 1 1/2 red onion
- 1 pineapple
- 2 ears of corn
- 4 avocados
- 2 heads green leaf lettuce
- 1 small bag of broccoli, cauliflower, carrot mix
- 1 green bell pepper
- 4 medium sweet potatoes
- 1 jalapeno
- 1 bunch cilantro
- 1 bag pre-shredded slaw mix
- 2 limes
- 1 cup cherry tomatoes
- 1 1/2 cups shredded zucchini

Refrigerated/Frozen

- 2 -8 oz packages of cream cheese
- 2 cans of crescent rolls
- 1 1/2 cups of shredded colby jack cheese
- 1 cup sour cream
- 1 cup of cojita cheese (or a similar crumbly cheese)
- 1/2 cup orange juice

Meat/Poultry/Seafood

- 4 pounds boneless skinless chicken breasts
- 1 lb. medium shrimp
- 1 pound of hamburger meat

Pantry

- 1 1/4 cup pineapple juice
- 1 9.5-ounce jar Robert Rothschild Hatch Chile Jam
- 3/4 cup Rodelle Baking Cocoa
- 1/4 cup strong coffee
- 2 1/2 cups sugar
- 2 teaspoons Rodelle Organics Chocolate Extract
- 2 3/4 teaspoon baking powder
- 1 (14.5-ounce) can fire-roasted diced tomatoes
- 2 1/2 cups flour
- 2 packages Double Stuffed Oreos
- 5 cups marshmallows

- 1 tsp McCormick Montreal Steak Seasoning
- pinch of crushed red pepper flakes
- 6 tsp chili powder
- 3 cans black beans
- Southwest tortilla strips
- 3 tbsp ranch dressing
- 5 1/2 tsp cumin
- 1 cup mayonnaise
- 1 packet ranch dressing mix
- 3 tablespoons chunky peanut butter
- 5 teaspoons lime juice
- 2 teaspoons honey
- 1 teaspoon soy sauce
- pinch of cayenne pepper
- 1 cup quinoa
- 3 cups chicken broth
- 1 1/2 teaspoon ground cinnamon
- 1 packet of taco seasoning
- 1 16 oz package of bowtie pasta
- 1 can of corn
- 1 cup of avocado dressing
- 1/2 cup powdered sugar

Pantry Staples

- 4 eggs
- Vegetable Oil (at least 1/3 cup)
- Extra Virgin Olive Oil (at least 1 tablespoon)
- Salt (both kosher and sea salt)
- Black Pepper
- Unsalted Butter (at least 2 1/2 sticks)
- Olive Oil (at least 3/4 cup)