

Grocery List

Produce

- 6 large baking potatoes
- 1 mango
- 2 yellow onions
- 1 teaspoon lemongrass paste
- 3 cloves of garlic
- 3 zucchini
- 2 tablespoons minced ginger
- 2 bunches green onions
- 1 bell pepper
- 1 avocado
- 1 cup of tomatoes
- 2-3 cups of spinach or mixed leafy greens
- fresh parsley
- 1 pint strawberries
- 1 small tomato

Refrigerated/Frozen

- 4 cups milk
- cucumber ranch dressing (refrigerated)
- queso fresco
- 32 ounces frozen diced hash brown potatoes
- 1 cup plain Greek yogurt
- 4 cups shredded cheddar cheese
- 2 cups heavy cream
- 1 (8 ounce) container sour cream
- 8 frozen chicken tenders or leftover fried chicken

Meat/Poultry/Seafood

- 1 1/2 pounds boneless, skinless chicken thighs
- 1 large chicken breast
- 1 pound ground pork

Pantry

- 1/2 cup flour
- 2 tablespoons yellow curry paste
- 1 teaspoon curry powder
- 1 teaspoon chili powder
- 1 teaspoon coconut oil
- 1 cup chicken stock
- 2 tablespoons chili oil
- 2 tablespoons red wine vinegar
- 2 tablespoons soy sauce
- 4 tablespoons tahini
- 1 teaspoon Sichuan peppercorns

- 1/4 cup chopped roasted peanuts
- 1 10.75-ounce can cream of chicken soup
- 4 cups crushed corn flakes
- 1 15 oz box yellow cake mix
- 1 15 oz can crushed pineapple with juice
- 1/4 cup shredded coconut
- sprinkling sugar
- pulp from one vanilla bean
- 1 cup sweetened condensed milk
- 1 cup granulated sugar
- 12 large, thin and crispy cookies of choice
- 1 (16 ounce) can refried beans
- 1 package (.4 ounce) ranch dressing mix
- 1/2 cup sliced black olives
- tortilla chips

Pantry Staples

- 9 eggs
- Salt (both kosher and sea salt)
- Black Pepper
- Unsalted Butter (at least 5 sticks)
- Canola Oil/Vegetable Oil
- Olive Oil (regular and extra virgin)